

Lesson	Topic	Language Focus	Example Sentences
Lesson 1 – “Weekend Plans”	Making weekend arrangements	Grammar: Present continuous for future; Prepositions of time (on/in/at) Vocab: weekend, plan, cinema, dinner, meeting, time expressions	1. “I’m meeting my friends on Saturday.” 2. “We’re going to the cinema at 7 p.m.” 3. “He isn’t working this weekend.”
Lesson 2 – “My Goals for This Year”	Setting personal goals and intentions	Grammar: Future with going to; Verb + infinitive (want/would like) Vocab: learn, improve, travel, save money, start, exercise Pronunciation: Stress timed English	1. “I’m going to start learning guitar.” 2. “I want to save more money this year.” 3. “She’d like to travel abroad.”
Lesson 3 – “Rules and Responsibilities”	Explaining the rules of a game or workplace	Grammar: Modals have to / don’t have to; Articles with count/uncount nouns Vocab: rules, uniform, break, equipment, lunch break, report	1. “You have to wear a uniform.” 2. “We don’t have to work on Sunday.” 3. “A teacher has to check the students’ work.”
Lesson 4 – “Giving Advice”	Helping a friend solve a problem	Grammar: Modals should / shouldn’t; Imperatives Vocab: problem, advice, health, study, relationship, relax	1. “You should talk to your boss.” 2. “Don’t worry too much.” 3. “He shouldn’t eat so much fast food.”
Lesson 5 – “A Day That Went Wrong”	Telling stories about bad days or funny mistakes	Grammar: Past simple; Wh-questions in the past Vocab: late, lose, forget, miss, traffic, meeting, key, phone	1. “I missed the bus this morning.” 2. “What did you do after that?” 3. “She lost her phone yesterday.”
Lesson 6 – “First Times”	Talking about experiences and life events	Grammar: Present perfect with ever / never; Gerunds Vocab: travel, try, experience, adventure, food, hobby	1. “I’ve never tried sushi before.” 2. “Have you ever been to Ha Long Bay?” 3. “He’s just finished reading that book.”
Lesson 7 – “While I Was Doing...”	Describing interrupted past actions	Grammar: Past continuous + past simple Vocab: walk, cook, rain, drive, study, call, happen	1. “I was cooking when the phone rang.” 2. “They were driving when it started to rain.” 3. “What were you doing last night?”
Lesson 8 – “Learning From Mistakes”	Talking about how actions are performed	Grammar: Adverbs of manner Vocab: slowly, quickly, carefully, badly, well, seriously, easily, mistake, fix, improve.	1. “I drove too quickly and got a fine.” 2. “Next time, I will explain the problem clearly.” 3. “She sings well, but he sings badly.”
Lesson 9 – “Making a Call”	Making short and polite telephone calls	Grammar: Phrasal verbs (call back, pick up, hang up); Modals can / could Vocab: call, message, number, speak to, phone, signal	1. “Can I speak to Anna, please?” 2. “I’ll call you back later.” 3. “He hung up the phone by mistake.”
Lesson 10 – “Dreams and Ambitions”	Talking about future hopes and goals	Grammar: Zero and first conditional; Future time (will) Vocab: dream, future, success, if, when, job, plan	1. “If I study hard, I’ll get a good job.” 2. “She will be a doctor one day.” 3. “When I have time, I’ll travel more.”